

The Shepherd and the Shrink
Part Four

**I. The Ethical Challenge
of Therapeutic Story-Telling**

(3 hours Ethics C.E.U.)

**II. Beyond Faith and Science:
Christian Identification and
Story-Telling in Psychotherapy**

(3 hours C.E.U.)

PRESENTED BY:

THE CENTER FOR
PSYCHOTHERAPY, EDUCATION
&
SPIRITUAL GROWTH, INC.

Date:

December 5th, 2009

Location:

St. Mary's Conference Room

The Behavioral Medicine Building of St. Anthony's Hospital
1000 N. Lee Ave., Oklahoma City, OK 73102

*St. Mary's Conference room is located on the 1st floor
of the Center of Behavioral Medicine.*

*Self Parking is available in the West Parking Garage on Lee Street
across from the Hospital Main Entrance.*

In the parking garage, take the elevator to the 1st floor.

Call 405-848-2181 or email centerforpsy@sbeglobal.net for further directions.

C.E. approval has been granted for
LPC, LMFT, LADC, Social Workers and applied for Psychologists

THE CENTER FOR PSYCHOTHERAPY
EDUCATION AND SPIRITUAL
GROWTH, INC.
4141 NW Expressway, Suite 370
Oklahoma City, OK 73116

The Center for Psychotherapy,
Education and Spiritual Growth, Inc.
is a non-profit interdisciplinary and
ecumenical organization dedicated to
offering individual psychotherapy,
marriage and family therapy, professional
training opportunities and community
education within the common boundaries
of religious and spiritual studies and the
social science.

About the Lead Presenter:

Curtis Abbott is the training and supervisory director at the Center for Psychotherapy, Education and Spiritual Growth, Inc. He is a founding member. He completed a Masters and Doctorate at Andover-Newton (Boston Theological Institute), a Residency at Center House/Tufts-New England Medical Center, and post-graduate supervision studies in St. Louis and Dallas.

He was Director of Training and Executive Director at Presbyterian Hospital's Center for Counseling and Psychotherapy in Oklahoma City. Before that he was a church pastor in St. Louis, Missouri and when in Boston he was the Executive Director of the Newton Mass. Youth Foundation's therapeutic program. He has been the chief clinical consultant at psychotherapy centers in Tulsa, Amarillo and Lubbock. Dr. Abbott currently provides consultation to therapists and facilitates professional seminars in Ethics, Supervision, Psychotherapy and Spirituality, and Psychodynamic Psychotherapy throughout the Southwest. He is a Diplomate in the American Association of Pastoral Counselors and is licensed as a LPC and LMFT and is a supervisor in each. He is an ordained minister in the United Church (U.C.C.)

The current work is largely based on the paper: "Seeking Lost Souls and Exorcising Demons: Christological Co-Narration in Psychoanalytic Story-telling".

Participation and Credit:

The first workshop is for ethics continuing education and will heighten the awareness and skills needed to facilitate ethics in therapeutic narrative. The second workshop seeks to offer clinicians ways to understand the relationships between spirituality – especially Christian spirituality in regards to trauma and developmental pathology.

Time and Registration:

8:30-9:00 Registration for Session I
(Continental Breakfast Provided)
9:00-12:15 Session I - Includes a 15 minute break
12:15-1:15 Lunch (on your own)
1:15-1:30 Registration for Session II
1:30-4:45 Session II - Includes a 15 minute break
4:45 Distribution of continuing education certificates

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Session I

The Ethical Challenge of Therapeutic Story-Telling

"We are not responsible for the events of our lives or what happens to us. Because we know so little about ourselves we are not even fully responsible for our own responses. We are, however, ethically responsible for the story (or multiple stories) we tell about our lives." (S. Zizek)

A. The Psychotherapeutic Story-Telling Sanctuary

- Peter Gay and the two ways to understand suffering
- Klein, Bion, Fairbairn, Farro and Grotstein and the necessity for a story
- The genesis of thinking, the linkage between language and the unbearable

B. The Therapist as Story-Listener and Co-Narrator

- The Arena – The Story Beneath the Story
- Shamans and Exorcists: trauma and infantile pathology
- The Theatre of Co-Narration, ethics, diagnostics – a "New Story"

C. The Ethics of Therapeutic Co-Narration

- Authenticity, false-self, collusion, resistance
- Facilitation of a truthful story

D. Exercise in Winnicottian Play, Bion's Non-Saturated Interpretation and Ethics

- Closed and saturated violation of the story
- Psychological Fundamentalism
- Maintaining the Sanctuary – Ethical Necessities

E. Being a Therapist – The Ethics of Being a Story-Listener and Co-Narrator

- Signposts of vocation, character, identity
- The therapeutic mystic
- The "moral stuff" of stories

Session II

Beyond Faith and Science: Christian Identification and Story-Telling in Psychotherapy

"If Psychotherapy developed from the viewpoint of the therapist, would Christ (not Oedipus) be the central figure?"

(J. Grotstein M.D.)

A. The Evolution of the Relationship between psychotherapy and the Religious or Spiritual Life

- Jewish, Christian and Romantic Antecedents
- Freud's Catholic Nanny and the religious identities of Fairbairn, Winnicott, Guntrip, Kohut
- Illusion, Suspension of Disbelief – shared defenders of subjectivity

B. Toward Rapprochement with Spirituality

- Three Approaches – The Psyche, the Representation, the Affective
- Bion's At-One-Ment – "O", Grotstein's Background Presence, Symington's Absolute Being
- Rizzuto and the Transitional God – Spero and "The Indispensable Object"
- The God of the Therapist and the God of the Religious Person

C. The Viewpoint of the Therapist

- Christ and the Core of Transference
- Parallels – the Early Church "Parents" and Psychotherapy
- Soteriology – Fairbairn, Klein, Winnicott
- Dual Natures – Bion and Container
- Separation, Grandiosity, Psyche Death and Reparation

D. Ghosts, Demons, Angels, Lost Souls and "Mental Illness"

- Klein, Bion – paranoia and "original sin"
- Fairbairn and primal goodness in a "fallen world"
- "Let the Dead bury the Dead" – the future
- Exercise in Treatment: Religion and Spirituality

E. Psychotherapy and a Theology of Hope

- "Kinship-in-finitude" and resurrection
- The Search for Innocence in Psychotherapy
- The Cosmic Transitional Space

Registration

Please print

Name _____

Address _____

City _____

Daytime Phone _____

State _____

E-mail _____

Zip _____

Discipline and license #

(check one)

____ Psychologist

____ LPC

____ Social Worker

____ LMFT

____ LADC

____ Psychiatrist

____ Student

____ Other _____

The workshops are part of Dr. Abbott's "Shepherd and the Shrink" series which also includes professional papers, a case-book and eventually a book. Copies of the casebook and reprints of the professional papers can be purchased by calling (405) 848-2181. The research and development of this series is funded through generous grants from the Rapp Foundation and LTHW Foundation. The material presented in the workshop as well as the printed material is Copyrighted and intended solely for the professional personal usage.

Cancellations received at least seven working days before the seminar are refundable less a \$20 administrative charge per registrant. For cancellations received later, a credit will be issued toward a future seminar. Please note that if you register and do not attend, you are still liable for full payment.

Session Attending:

____ The Ethical Challenge of Therapeutic Story-Telling \$50.00 (Students/Supervisees \$25.00)

____ Beyond Faith and Science \$50.00 (Students/Supervisees \$25.00)

____ Both \$90.00 (Students/Supervisees \$50.00)

Please send this form together with check or money order to:
Center for Psychotherapy, Education & Spiritual Growth, Inc.
4141 NW Expressway, Suite 370
Oklahoma City, OK 73116

For more information you may e-mail centerforpsy@sbcglobal.net or call 405-848-2181
Space is limited - Register early